

# HASTINGS & ST LEONARDS DESERVES BETTER WALKING & CYCLING - INFRASTRUCTURE -

## THE PROBLEM

Next to nothing has been done to provide safe walking and cycling infrastructure in Hastings over the last 10 years

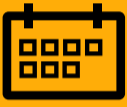
  
**200+KM**  
OF ROAD NETWORK  
VS  
**6KM**  
OF CYCLING  
INFRASTRUCTURE <sup>(1.1)</sup>


  
**HIGH RISK ROADS**  
THE TWO MOST DANGEROUS ROADS IN EAST SUSSEX, ARE MAINLY WITHIN HASTINGS & ST LEONARDS <sup>(1.2)</sup>

  
**266**  
PEDESTRIANS OR CYCLISTS  
**KILLED OR SERIOUSLY INJURED**  
IN HASTINGS OVER LAST 10 YEARS <sup>(1.3)</sup>

## THE CONSEQUENCE

As a result of poor infrastructure planning and road traffic enforcement, active travel is not a choice for many locally


  
LESS THAN  
**1%**  
OF ADULTS IN HASTINGS COMMUTE BY BIKE 5 TIMES A WEEK <sup>(2.1)</sup>

  
LESS THAN  
**3%**  
OF PRIMARY CHILDREN CYCLE TO SCHOOL <sup>(2.2)</sup>

  
AROUND  
**25%**  
OF ADULTS IN HASTINGS DON'T WALK AT ALL FOR ANY TRIPS EACH MONTH <sup>(2.3)</sup>

## THE IMPACT

The combination of lack of infrastructure and road danger has a real impact on lives

  
**31%**  
OF YEAR 6 CHILDREN IN HASTINGS ARE OVERWEIGHT <sup>(3.1)</sup>

  
**£2,474,009**  
THE ESTIMATED ANNUAL COST OF PHYSICAL INACTIVITY TO HASTINGS & ST LEONARDS <sup>(3.2)</sup>

  
**49**  
DEATHS IN HASTINGS ATTRIBUTABLE TO AIR POLLUTION IN 2010 <sup>(3.3)</sup>

## THE SOLUTION

East Sussex & Hastings Borough Councils need to rapidly and significantly increase the provision of safe walking and cycling infrastructure

  
**FUND**  
THE IMPLEMENTATION OF THE 2014 WALKING & CYCLING STRATEGY <sup>(4.1)</sup>

  
**BUILD**  
PROPER, SAFE, SEGREGATED INFRASTRUCTURE TO A HIGH STANDARD <sup>(4.2)</sup>

  
**RESTRICT**  
PRIVATE CAR USE, ENFORCE ROAD TRAFFIC LAW AND INCENTIVISE TRANSPORT ALTERNATIVES <sup>(4.3)</sup>

## THE POTENTIAL

Improving walking and cycling infrastructure has significant potential benefits

  
**PHYSICAL HEALTH**  
REGULAR PHYSICAL ACTIVITY CAN SIGNIFICANTLY REDUCE THE RISK OF MANY CHRONIC HEALTH CONDITIONS <sup>(5.1)</sup>

  
**LOCAL ECONOMY**  
PEDESTRIANS AND CYCLISTS VISIT MORE LOCAL SHOPS MORE OFTEN. UP TO 30% INCREASE IN RETAIL SALES <sup>(5.2)</sup>

  
**MENTAL HEALTH**  
REGULAR PHYSICAL ACTIVITY CAN SIGNIFICANTLY HELP MENTAL HEALTH <sup>(5.3)</sup>

3.1 [http://www.hastings.gov.uk/content/local\\_energy\\_renovation/civil/physical\\_sports\\_strategy](http://www.hastings.gov.uk/content/local_energy_renovation/civil/physical_sports_strategy)  
3.2 [http://www.hastings.gov.uk/content/local\\_energy\\_renovation/civil/physical\\_sports\\_strategy](http://www.hastings.gov.uk/content/local_energy_renovation/civil/physical_sports_strategy)  
3.3 <https://www.stgaph.co.uk/news/press-releases/2015/02/healthier-where-to-go-polution-riding-the-most-people.html>

1 <https://www.google.co.uk/maps>  
2 <http://www.countryside.gov.uk/england/east-sussex/crash-data>  
3 <http://osamap.co.uk>

2.1 <http://maps.dft.gov.uk/walking-and-cycling-statistics/>  
2.2 <https://www.countryside.gov.uk/england/east-sussex/crash-data>  
2.3 <http://maps.dft.gov.uk/walking-and-cycling-statistics/>

4.1 [https://www.hastings.gov.uk/content/planning/planning\\_guidance/physical\\_evidence\\_base/pdf/information/hastings\\_all\\_cycling\\_strategy.pdf](https://www.hastings.gov.uk/content/planning/planning_guidance/physical_evidence_base/pdf/information/hastings_all_cycling_strategy.pdf)  
4.2 <https://www.countryside.gov.uk/england/east-sussex/crash-data>  
4.3 <https://www.stgaph.co.uk/news/press-releases/2015/02/healthier-where-to-go-polution-riding-the-most-people.html>

5.1 [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/370370/c19\\_102916.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/370370/c19_102916.pdf)  
5.2 <https://www.hastings.gov.uk/news/press-releases/2015/02/healthier-where-to-go-polution-riding-the-most-people.html>  
5.3 [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/370370/c19\\_102916.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/370370/c19_102916.pdf)  
5.4 <https://www.nhs.uk/conditions/mental-health-conditions/mental-health-conditions/mental-health-conditions/mental-health-conditions/>